Meal Makeover Moms.com

healthy meals with kid appeal

Recipe Reviewer Chart

It's time to tempt your taste buds. Place a check mark in one of the three columns - "I like it," "It's okay," "No thanks" - every time you taste something new. Whether you like it or not, the important thing is that you tried it and will be rewarded for your brave effort!

Recipe Name	I Like It! ☺	It's Okay 😐	No Thanks ☹	Reward ☆

Pedia-Lax

☆ See website for reward suggestions

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